

MILA Rheintal 5000m Testlauf vom 16.3.2011

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	1000m	4	5	6	7	8	2000m	9	10	11	12	13	2000m	Total
1	236	Nüesch	Matthias	Widnau	1982	00:34	01:15	01:20	03:09	01:22	01:22	01:23	01:24	01:24	06:55	01:23	01:20	01:22	01:24	01:24	06:53	16:57
2	234	Török	Zoltan	Heerbrugg	1979	00:33	01:15	01:20	03:08	01:22	01:22	01:23	01:24	01:24	06:55	01:24	01:20	01:25	01:26	01:24	06:59	17:02
3	232	Weiler	Andreas	Altstätten	1967	00:38	01:23	01:26	03:27	01:27	01:27	01:26	01:27	01:27	07:14	01:27	01:28	01:27	01:27	01:22	07:11	17:52
4	226	Indermaur	Markus	Balgach	1966	00:38	01:22	01:23	03:23	01:26	01:31	01:20	01:27	01:28	07:12	01:29	01:30	01:27	01:31	01:21	07:18	17:53
5	222	Benz	Felix	Heerbrugg	1960	00:39	01:23	01:26	03:28	01:27	01:29	01:28	01:30	01:29	07:23	01:30	01:30	01:30	01:30	01:23	07:23	18:14
6	238	Schmid	Fredy	Marbach	1964	00:38	01:24	01:26	03:28	01:27	01:28	01:31	01:29	01:29	07:24	01:30	01:30	01:31	01:29	01:27	07:27	18:19
7	228	Litscher	Berni	Berneck	1955	00:41	01:31	01:29	03:41	01:31	01:29	01:30	01:30	01:28	07:28	01:30	01:29	01:30	01:28	01:29	07:26	18:35
8	230	Segmüller	Roland	Eichberg	1960	00:40	01:24	01:28	03:32	01:37	01:24	01:31	01:33	01:35	07:40	01:33	01:31	01:35	01:33	01:22	07:34	18:46
9	244	Baumgartner	Roland	Widnau	1978	00:39	01:25	01:28	03:32	01:33	01:35	01:37	01:39	01:40	08:04	01:43	01:42	01:42	01:38	01:29	08:14	19:50
10	233	Lichtensteige	Denise	Montlingen	1974	00:45	01:31	01:32	03:48	01:35	01:35	01:37	01:36	01:39	08:02	01:41	01:34	01:38	01:38	01:31	08:02	19:52
11	242	Eugster	Albino	Widnau	1963	00:42	01:34	01:35	03:51	01:36	01:35	01:40	01:35	01:38	08:04	01:39	01:39	01:40	01:38	01:32	08:08	20:03
12	240	Bühner	Frank	Balgach	1969	00:42	01:29	01:35	03:46	01:34	01:34	01:38	01:40	01:39	08:05	01:42	01:41	01:43	01:43	01:33	08:22	20:14
13	229	Graber	Kurt	Kriessern	1957	00:45	01:35	01:38	03:58	01:38	01:39	01:41	01:41	01:43	08:22	01:44	01:43	01:42	01:41	01:37	08:27	20:47
14	237	Lindenmann	Elmar	Au	1963	00:48	01:37	01:38	04:03	01:42	01:42	01:42	01:44	01:45	08:35	01:42	01:43	01:44	01:45	01:42	08:36	21:14
15	223	Schmid	Moritz	Balgach	1959	00:45	01:34	01:39	03:58	01:43	01:43	01:44	01:44	01:45	08:39	01:46	01:49	01:46	01:47	01:42	08:50	21:27
16	231	Gruber	Bernhard	Diepoldsau	1962	00:49	01:45	01:43	04:17	01:41	01:43	01:42	01:44	01:45	08:35	01:46	01:48	01:47	01:47	01:41	08:49	21:41
17	245	Stein	Werner	Balgach	1974	00:52	01:50	01:48	04:30	01:53	01:52	01:45	01:52	01:52	09:14	01:47	01:46	01:48	01:46	01:36	08:43	22:27
18	227	Brunner	Heinz	Balgach	1960	00:48	01:46	01:50	04:24	01:50	01:51	01:52	01:50	01:53	09:16	01:51	01:52	01:53	01:51	01:46	09:13	22:53
19	235	Lüchinger	Doris	Diepoldsau	1962	00:50	01:47	01:48	04:25	01:50	01:52	01:53	01:52	01:51	09:18	01:53	01:54	01:54	01:52	01:46	09:19	23:02
20	239	Keller	Erwin	Diepoldsau	1942	00:51	01:47	01:51	04:29	01:52	01:54	01:55	01:54	01:54	09:29	01:54	01:54	01:52	01:54	01:46	09:20	23:18
21	221	Lüchinger	Edith	Oberriet	1965	00:50	01:46	01:51	04:27	01:52	01:53	01:54	01:55	01:54	09:28	01:55	01:55	01:56	01:56	01:45	09:27	23:22
22	225	Ebnetter	Rina	Rüthi	1955	00:51	01:46	01:52	04:29	01:56	01:57	01:58	01:59	01:59	09:49	02:00	02:00	02:00	02:01	01:54	09:55	24:13
23	243	Schönenber	Edith	Balgach	1951	00:52	01:50	01:54	04:36	01:55	01:58	01:56	01:56	01:59	09:44	02:00	01:59	02:04	02:08	01:58	10:09	24:29

